



PSHE

Long Term Plan 2025-2026



At The Beacon three Key themes run through each topic in PSHE						
Health and Wellbeing		Relationships			Living in the wider world	
Year	A	B	C	D	E	F
Christian Value	Generosity	Compassion	Courage	Forgiveness	Friendship	Respect
Special events/weeks	Glo Germ Pupil Leadership Teams introduced Importance of Attendance Black History Month World Food Day (Culture Day) World Mental Health Day Wear Red Day (Show Racism the Red Card) Parliament Week	Anti-bullying week Anti-Bullying Performance Firework Safety Christmas Jumper Day Anti-bullying workshop Remembrance Day	Child mental health week (DEAL) Hate Crime workshop for year 6. KS2 Mental Health Workshops Safer Internet Day Holocaust Memorial Day LGBTQI+ History Month	Growth Mindset workshops Internet Safety Day LFC talk KS1 and 2 Neuro-diversity week International Woman's Day International Day of Happiness.	Keep Safe Day NSPCC Assembly and Workshops – Speak Out, Stay Safe/PANTS Autism Awareness Week World Health Week EYFS/KS1 RNLA Water safety	Summer Fayre Diversity Week Healthy Eating Week Walk to School Week Gangs Workshop for Y6
British Value Links	The Rule of Law/ Democracy/Respecting others' rights and their opinions Respect and understand other faiths/cultures	Treat others with fairness The Rule of Law/ Democracy/Respecting others' rights and their opinions Look after yourself and family	Rule of Law Individual Liberty – Supporting pupils to look after their own mental health. Mutual Respect – Respect others' struggles and resilience.	Tolerance – Neurodiversity week promoting accepting everyone and understanding difference.	Democracy – Learning how everyone has a role in keeping communities safe.	Individual Liberty – giving children the tools and allowing them to make informed choices about health and avoiding harmful influences.
Rights of a Child Links	Article 24 – Right to the best possible health (ties to hygiene and wellbeing – <i>Glo Germ</i>). Article 28 – Right to education (attendance importance). Article 12 – Right to be heard (Pupil Leadership Teams).	Article 19 – Protection from violence, abuse, and neglect (anti-bullying). Article 31 – Right to leisure, play, and safety (firework safety). Article 2 – Non-discrimination (racism awareness).	Article 24 – Right to health and health services (mental health). Article 19 – Protection from harm (hate crime). Article 29 – Education must develop respect for others and resilience.	Article 13 – Right to freedom of expression (growth mindset, developing voice). Article 17 – Right to access reliable information and be protected from harmful media (internet safety).	Article 19 – Protection from harm (NSPCC, safeguarding). Article 6 – Right to life and survival (water safety). Article 39 – Right to recover and reintegrate if harmed.	Article 15 – Freedom of association (Summer Fayre, community involvement). Article 2 – Non-discrimination (Diversity Week). Article 24 – Health, nutritious food, clean water (Healthy Eating Week)



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Reception	Personal Hygiene e-Bug resources – Mental Health and emotional wellbeing	Anti-Bullying Week – Expect Respect	Keeping Safe – E-safety	Healthy lifestyles Oral Hygiene	Education for Personal Relationships	Financial Capability/My money week –
Year 1	Personal Hygiene e-Bug resources – Mental Health and emotional wellbeing	Anti-Bullying Week Expect Respect	Keeping Safe – E-safety	Healthy lifestyles – Medicines and people who help us Oral Hygiene	Education for Personal Relationships	Financial Capability
Year 2	Personal Hygiene e-Bug resources – Mental Health and emotional wellbeing	Anti-Bullying Week Expect Respect	Keeping Safe – E-safety	Healthy lifestyles – Keeping safe	Education for Personal Relationships –	Financial Capability –
Year 3	Personal Hygiene e-Bug resources – Mental Health and emotional wellbeing	Anti-Bullying Week Expect Respect	Keeping Safe – E-safety	Healthy lifestyles – Smoking	Education for Personal Relationships	Financial Capability – Enterprise
Year 4	Personal Hygiene e-Bug resources – Mental Health and emotional wellbeing	Anti-Bullying Week Expect Respect	Keeping Safe – E-safety	Healthy lifestyles – Alcohol	Education for Personal Relationships –	Financial Capability – Enterprise
Year 5	Personal Hygiene e-Bug resources – Mental Health and emotional wellbeing	Anti-Bullying Week Expect Respect	Keeping Safe – E-safety •	Healthy lifestyles – Legal and illegal drugs	Education for Personal Relationships – Keeping Safe – Grooming or Grassing?	Financial Capability – Keeping Safe – Grooming or Grassing? Enterprise –
Year 6	Personal Hygiene e-Bug resources – Mental Health – Rise above materials	Anti-Bullying Week Expect Respect	Keeping Safe – E-safety	Healthy lifestyles – Preventing early use	Education for Personal Relationships – Keeping Safe – Grooming or Grassing?	Financial Capability – Keeping Safe – Grooming or Grassing? Enterprise –



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