



INSPIRE Curriculum Long Term Plan 2025-2026



Subject	Year	Unit A	Unit B	Unit C	Unit D	Unit E	Unit F
Science	EYFS	Exploring Autumn Human Body: Senses Animals: Minibeasts to Dinosaurs	Light and Dark Exploring the night sky and planets	Recycling and taking care of our world Exploring what rubbish does to our environment and animals	New Life and Life Cycles	Conservation and Plastic Pollution Materials: floating and sinking Metallic and non-metallic	Planting and Growing through the life cycle of a bean
	1	Plants	The human body: 5 senses	Everyday Materials	Animal Groups	Animal Diets	Seasonal Changes
	2	Growing Plants	Materials and their uses	Animal Needs	Local habitats	Habitats and Micro-habitats	Food Chains and Health
	3	Structure and function of plants	Light and Shadows	Rocks and Fossils	Animals and humans	Forces and magnets	The Bee Project
	4	States of matter	The Human Body: Digestive System	Sound	Classification of living things	Electricity	The History of Science
	5	Properties and Changes of Materials	Earth and Space	Forces and movement	Life Cycles and Reproduction	Living Things and their Habitats	The Scientific Method
	6	The Human Body: Circulatory System	Light and seeing things	Electricity	Evolution and Inheritance	Living Things and their Habitats- further classification	Preparing for Secondary Science
History	EYFS	Past and Present – families	Past and Present – seasons, Christmas	Past and Present – children's experiences	Past and Present – chronology	Past and Present – VE day	Past and Present – how plants have changed
	1	Titanic		Great Fire of London		The Beatles	The Bronze Age
	2	Kings, Queens and Leaders		Great Changemakers of the World		The Stone Age	
	3	Ancient Egypt	Cradles of Civilisation	Indus Valley Civilisation	Persia and Greece	Ancient Greece	Alexander the Great
	4	The Roman Republic	The Roman Empire	Roman Britain	Christianity in Three Empires	Arabia and Early Islam	The Rise of Islam
	5	The Round City: Baghdad	Anglo-Saxon Britain	Vikings 1	Norse Culture	Vikings 2	Local History: Atlantic Slave Trader
	6	The Maya	Ethiopia and Benin	This Manchester Man	Era of the Second World War		Local History: WWII
Geography	EYFS	People, cultures and community – families	People, cultures and community – Chinese New Year		Natural World – maps and comparisons	Natural World – animals	Natural World – environments
	1		What is it like where we live? (Maps and plans)		What is it like where others live?		Antarctica the Desert



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	2		Understanding Liverpool		Where does our food come from? (Fair trade)		Kenya
	3	Rivers	Mountains	Settlements	Agriculture	Volcanoes	Climate and Biomes
	4	The Rhine and the Mediterranean	Population	Coastal Processes and Land Forms	Tourism	Earthquakes	Deserts
	5	Why is California so Thirsty?	Oceans	Migration	North and South America	The Amazon	Interconnected Amazon
	6	Energy and Climate Change	Ethiopia	Changing Birmingham	Jamaica	Geographical Enquiry	Geographical Enquiry
PSHE	EYFS	Personal Hygiene e-Bug resources Mental Health and emotional wellbeing	Anti-Bullying Week Expect Respect challenging gender expectations	Keeping Safe – E-safety Searching and information	Healthy lifestyles People who help us Oral Hygiene Looking after teeth basics	RSHE Looking after ourselves and families	Financial Capability Spending money
	1	Personal Hygiene e-Bug resources Mental Health and emotional wellbeing Different feelings	Anti-Bullying Week Expect Respect Friendships and people who help us	Keeping Safe – E-safety Searching, privacy and safety	Healthy lifestyles – Medicines and people who help us Oral Hygiene Types of teeth and diet	RSHE Recognising differences and	Financial Capability Where does money come from?
	2	Personal Hygiene Hands and Sneezes Mental Health and emotional wellbeing Resilience KS1	Anti-Bullying Week Expect Respect Gender and assumptions	Keeping Safe – E-safety Safe behaviours online	Healthy lifestyles – Exploring different substances Rules to stay safe	RSHE Male and female body parts and life cycle	Financial Capability Saving and keeping track of money
	3	Personal Hygiene Hand and respiratory hygiene Mental Health and emotional wellbeing Different kind of feelings Rise Above materials Introduction to advertising and media awareness	Anti-Bullying Week Expect Respect Resolving conflict, where to get help	Keeping Safe – E-safety Online community and behaviours	Healthy lifestyles – Smoking	RSHE Know about touch and personal space	Financial Capability Paying and using an account
	4	Personal Hygiene	Anti-Bullying Week	Keeping Safe – E-safety	Healthy lifestyles – Alcohol	RSHE	Financial Capability Making money



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		Hand and respiratory hygiene Mental Health and emotional wellbeing Resilience KS2	Expect Respect Examining violence and excuses	Personal and private information Using words and keywords	Oral Hygiene Anatomy of teeth and sugar	Puberty, life cycle and how we grow	
	5	Personal Hygiene Hand and respiratory hygiene Mental Health and emotional wellbeing Managing feelings Body image and advertising	Anti-Bullying Week Expect Respect Secrets and stories	Keeping Safe – E-safety Digital citizens	Healthy lifestyles – Legal and illegal drugs	RSHE Emotional and physical changes in puberty Physical hygiene	Financial Capability Budgets and keeping money safe
	6	Personal Hygiene Hand and respiratory hygiene Mental Health and emotional wellbeing Sleep, social media Body image and advertising	Anti-Bullying Week Expect Respect Gender stereotypes	Keeping Safe – E-safety Online rules, cyberbullying and stereotyping	Healthy lifestyles – Preventing early use	RSHE Puberty, reproduction, conception and pregnancy Sharing personal/private information	Financial Capability Money and choices
RE	EYFS	I am special. What makes a person special?	How do we celebrate Jesus' birthday?	Stories Jesus heard; stories Jesus told.	Easter: Why do Christians put a cross in an Easter Garden?	Friendship: what makes a good friend? Prayer: what is prayer?	Special places: what makes a place special or holy?
	1	World Faiths – SACRE Judaism: Who is Jewish and what do they believe?	1.3 Christmas	1.4 Jesus	1.5 Easter	1.9 My world, Jesus' world	1.7 Baptism
	2	World Faiths – SACRE Islam: Who is a Muslim and what do they believe?	2.7 Christmas	2.3 Jesus	2.4 Easter	2.6 Ascension and Pentecost	2.1 The Bible
	3	World Faiths – SACRE Christianity, Hinduism, and Judaism: What do different people believe about God?	3.1 Christmas	3.3 Jesus	3.4 Easter	3.1 Called by God	3.5 Rules for living



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	4	World Faiths – SACRE Hinduism: What does it mean to be a Hindu in Britain today?	4.2 Christmas	4.3 Jesus	4.4 Easter	4.5 The Church	4.6 Prayer
	5	World Faiths – SACRE Christianity, Hinduism and Judaism: If God is everywhere, why go to a place of worship?	5.2 Christmas	5.3 Jesus	5.4 Easter	5.8 Daniel	5.5 Women in the Old Testament
	6	World Faiths – SACRE Islam: What does it mean to be a Muslim in Britain today?	6.2 Advent	6.7 People of faith	6.4 Jesus	6.3A Exodus 6.5 Ascension and Pentecost	6.6 God
MFL	Nursery 3-4	Self, Family and Friends Introduction to name and feelings, colours and numbers	School Life Fruits, colours and numbers	The World Around Us Wild animals, rhymes and jungle stories	Animals and Home Environment Zoo animals and develop numbers	Leisure Outdoor toys (incorporating colours and numbers)	Summer Objects on the beach, counting and seaside stories
	EYFS	Self, Family and Friends Basic introductions and colours	School Life School snacks/likes. Numbers 1 - 10.	The World Around Us Transport and getting to school.	Animals and Home Environment Animals and colours.	Leisure Verbs of movement/instructions.	Summer The Seaside. All colours.
	1	Self, Family and Friends Body and face parts.	School Life Toys, colours, Numbers 1 – 12	The World Around Us Name, age, feelings, where you live	Animals and home Environment Farm Animals + sounds.	Leisure People who help us/places in town. 1 – 15	Summer Sea Creatures.
	2	Self, Family and Friends More personal info + basic family members	School Life Clothes (+ colour), 1-20	The World Around Us Space and Planets.	Animals and home Environment Fruit + food (likes/dislikes)	Leisure Simple weather phrases 1-20	Summer Minibeasts Colours. Numbers 1-20
	3	Self, Family and Friends Body parts with definite article	School Life Pencil case items +indefinite article	The World Around Us Days, months + birthdays	Animals and Home Environments Zoo Animals	Leisure Sports 1 and opinions [simple sentences]	Summer Jungle animals. Exotic Fruits + opinions
	4	Self, Family and Friends	School Life	The World Around Us	Animals and Home Environments	Leisure	Summer Asking for picnic items.



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		Descriptions of hair and eyes in first person	School subjects (genders/def. article) + opinions, basic time.	Weather sentences linking to months + seasons	Animals and habitats 1 – 69	Sports 2 [longer sentences combining opinion, sport and justification] Verbs - [I do/ I play]	Understanding and giving prices - euros
	5	Self, Family and Friends Illness and body parts	School Life Clothes + adj. agreement of colours	The World Around Us Transport, opinions + reason + negative	Animals and Home Environments Rooms in house + bedroom furniture + prepositions 60-79	Leisure Hobbies [incl. musical instruments] 80 – 100	Summer Countries, flags (+ colours) and nationalities [adjectival agreement] 1 – 100
	6	Self, Family and Friends Family (with possessive adjective) Jobs- (gender agreement)	School Life School routine, subject opinions and justification	The World Around Us Places in town – understanding and giving directions	Animals and Home Environments Haunted castle mystery Character profiles, describing characters + events	Summer Food and cafe (transition project) Dialogue in café/ restaurant (mealtime routines) Food and café continued (transition project) Using euros/giving and understanding prices/ calculating change.	
Art and Design	Nursery 2- 3	Expressive Art and Design: Exploring Natural Patterns		Expressive Art and Design: Observational Drawing		Expressive Art and Design: Exploring Colour and Collage	
	Nursery 3-4	Expressive Art and Design: Self-portraits and Colour Mixing		Expressive Art and Design: Exploring Materials and Textures		Expressive Art and Design: Outdoor Art	
Art and Design	Reception	All Creations Great and Small Van Gough Starry Night Mark making tools. Exploring Harvest vegetables using printing/rubbing techniques.	My World and Beyond Van Gough Starry Night Bonfire Night Firework pictures. Colour mixing Jackson Pollock . Creativity with the iPad.	Superheroes Yayoi Kusama Paul Klee linking images to cityscapes. Mark making animals from story.	Exploring Traditions and Cultures Yayoi Kusama Spring into Summer – Kandinsky	Under the Sea / Pirate Adventures The Great Wave Hokusai Observational drawing, painting of natural beauty.	The Great Outdoors The Great Wave Hokusai Sea life pictures paper, collage. Water Lilies by Claude Monet
		Expressive Art and Design: Painting and 3D Modelling		Expressive Art and Design: Perspective Drawing		Expressive Art and Design: Printing and Transient Drawing	
	1	Collage	Drawing	Painting	Textiles	Printing	3D
	2	3D	Collage	Drawing	Painting	Textiles	Printing



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	3	Printing	3D	Collage	Drawing	Painting	Textiles
	4	Textiles	Printing	3D	Collage	Drawing	Painting
	5	Painting	Textiles	Printing	3D	Collage	Drawing
	6	Drawing	Painting	Textiles	Printing	3D	Collage
Design and Technology	EYFS	Continuous Provision and Expressive Art and Design across the year. Threading, cutting, weaving, playdough and other fine motor activities. Using tools to affect changes to materials.					
	1		Textiles Templates & Joining		Mechanisms Wheels and Axels		Cooking and Nutrition Preparing fruit and vegetables
	2		Structures Freestanding Structures		Mechanisms Sliders & Levers		Cooking and Nutrition Preparing fruit and vegetables
	3		Textiles 2D shapes to 3D products		Cooking and Nutrition Healthy and varied diet		Mechanical Systems Levers and Linkages
	4		Structures Shell Structures		Cooking and Nutrition Healthy and varied diet		Electrical Systems Simple Circuits and Switches
	5		Cooking and Nutrition Celebrating Culture and Seasonality		Electrical Systems More complex switches		Textiles Combining different fabric shapes
	6		Cooking and Nutrition Celebrating Culture and Seasonality		Structures Frame structures		Mechanical Systems Pullies or gears
Computing	EYFS	Technology around us – in school	Creativity with iPads	Sequence games	Same/Different Sorting activities	Look at my learning journey (Tapestry)	Programmable toys (Beebots/Codeapillar)
	1	Technology all around us	Digital Painting	Moving a robot	Grouping data	Digital writing	Introduction to animation



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	2	Information technology around us	Digital photography	Robot algorithms	Pictograms	Making music	An introduction to quizzes
	3	Connecting Computers	Stop-frame animation	Sequence in music	Branching databases	Desktop publishing	Events and actions
	4	The Internet	Audio editing	Repetition in shapes	Data logging	Photo editing	Repetition in games
	5	Sharing information	Vector drawing	Selection in physical computing	Flat-file databases	Video editing	Selection in quizzes
	6	Communication	3D Modelling	Variables in games	Introduction to spreadsheets	Web page creation	Sensing
Music	EYFS - Nursery	Discovering our voices Spotlight: Pulse Creative: Exploring starting and stopping, loud and quiet.	Song Set 1 (SS1) Creative: Improvisation – Zebele. Exploring percussion.	Song Set 1 Spotlight: Rhythm Creative: Exploring slow and fast.	Song Set 1 Creative: Exploring slow and fast with props.	Song Set 1 Spotlight: Pitch Creative: Soundscape - Weather	Song Set 1 Creative: Soundscape - performance
	EYFS - Reception	Learn Song Set 2 (SS2) Level 1 Activities & reading for SS1 Spotlight: Pulse Creative: Improvisation – Zebele	Learn SS2 Level 1 Activities & reading for SS1 Creative: Graphic score/ movement	Learn SS2 Level 1 Activities & reading for SS1 Spotlight: Rhythm Creative: Four beat animal rhythms.	Learn SS2 Level 1 Activities & reading for SS1 Creative: Composing exploring pitch	Learn SS2 Level 1 Activities & reading for SS1 Spotlight: Pitch Creative: Soundscape - Weather	Learn SS2 Level 1 Activities & reading for SS1 Creative: Movement – Subdivision
	1	Learn Song Set 3 (SS3) Activities & reading for SS1 Level 1 & 2. Spaces, Lines and the 5 line stave: Stage 1 Creative: improvisation	Learn SS3 Activities & reading for SS1 & 2, Level 1 & 2. Creative: Four beat rhythmic composition	Learn SS3 Activities & reading for SS2, Level 1 & 2 Spaces, Lines and the 5 line stave: Stage 2 Creative: Lyric writing	Learn SS3 Activities & reading for SS2, Level 2 Creative: Composing focussing on pitch.	Learn SS3 Activities & reading for SS1, Level 2 Spaces, Lines and the 5 line stave: Stage 3 & 4 Creative: KS1 Schools concert scheme of work and space soundscape	Learn SS3 Activities & reading for SS2, Level 2 Creative: subdivisions.
	2	Finish SS3 Activities SS1 Level 3 Spaces, Lines and the 5 line stave: Stage 1, 2&3 Musical Alphabet Creative: Improvisation	Learn SS4 Activities SS1, Level 4 Spaces, Lines and the 5 line stave: Stage 4 Simply Solfa Creative: Rhythm composition.	Learn SS4 Activities SS2, Level 3 Spaces, Lines and the 5 line stave: Stage 5 Simply solfa Creative: Lyric writing.	Learn SS4 Activities SS2, Level 4 Major scale Creative: Pitch conversations.	Learn SS4 Spaces, Lines and the 5 line stave: Stage 6 Creative: Soundscape – Space KS1 Schools concert scheme of work.	Learn SS4 Arpeggio Creative: Subdivisions.



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	3	Welcome to String Orchestra. Intro to the bow. Reading notation. Group sound. Creative: Improvisation – Composing two pitches on reduced stave. Drawing as a response to music. Learn Song Set 4	Christmas Concert, 1 st Orchestra performance. Open Strings Creative: 6/8 response, composition and conducting. Song Set 4	Continue reading work. Simple bow strokes. Introducing finger number 1. Creative: Composition with rhythm focus. KS2 Schools concert scheme of work. Song Set 4	Bowing with confident string crossings. Creative: revisiting different note combinations. KS2 Schools concert scheme of work. Song Set 4	Continue reading work – less support. Introducing finger number 2/3 Creative: Composition – Storm soundscape Song Set 4	Playing repertoire with finger number 2/3 Creative: Composition – Storm soundscape performance. Subdivisions. Song Set 4
	4	Recap finger number 1&2 Creative: Instrumental Improvisation Continue with Song Set 4.	Christmas Concert. Introduction to finger number 3. Creative: six note composition. Continue with Song Set 4.	Intro to finger no.4 Creative: KS2 Schools concert scheme of work. Continue with Song Set 4.	Slurs Creative: Rhythm tree composition. KS2 Schools concert scheme of work. Continue with Song Set 4.	Repertoire with fingers 1,2,3 & 4. Chance to transition to Wind, Brass, Percussion (WBP) if appropriate Creative: Storm soundscape creation (Vivaldi – Summer) Continue with Song Set 4.	Playing with dynamics. Creative: Storm soundscape performance. Continue with Song Set 4.
	5	Welcome to Children's Orchestra Addition of WBP Strings: Major scale. Creative: Improvisation on instruments. Start Song Set 5	Christmas Concert. Strings: Intro to 1st/4th position WBP: 2 notes Experience of different genres i.e. Jazz Creative: Conducting In compound time. Song Set 5	Birthday concert preparation. Strings: Intro fingers 1&2/3 In new position. WBP: 3 notes Creative: KS2 Schools concert scheme of work. Rhythm clock compositions. Song Set 5	Birthday Concert Philharmonic Hall. Creative: KS2 Schools concert scheme of work. Composition focus on pitch. Song Set 5	3 pieces in different genres and styles Composition. Creative: Soundscape – Storm (Britten – Sea Interludes) Song Set 5	Opportunity to take formal assessment if suitable. Creative: Soundscape – Storm (Britten – Sea Interludes) Song Set 5
	6	Reimagine: Music technology (Garageband) Revise elements of music: tonality, melody, harmony, structure.	Reimagine: Create a soundscape for a Lighthouse film clip using instruments and/or Garageband, exploring texture, structure and tonality.	Global Liverpool: Introduction to traditional Chinese instruments with Pagoda Arts. Introduction to African drumming with Felix Ngindu	Global Liverpool: Introduction to traditional Palestinian music and instruments with Gazelle band.	The Beatles – partnership with the Beatles Story	The Beatles – collaborative project with two other schools (performance at the Tung Auditorium TBC)



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PE	EYFS	Fundamental Movements	Gymnastics	Dance	Invasion Games	Fielding	Athletics
	1	Dance	Multi Skills	Gymnastics	Striking and Fielding	Net Games	Athletics
	2	Multi Skills	Invasion Games – Football	Gymnastics	Dance	Striking and Fielding	Athletics
	3	Invasion Games – Basketball	Gymnastics	Dance	Striking and Fielding	Net Games Tennis	Athletics
	4	Invasion Games - Hockey	Dance	Net Games Tennis	Striking and Fielding	Dance	Athletics
	5	Invasion Games - Basketball	Striking and Fielding Cricket	Gymnastics	Dance	Net Games - Tennis	Athletics
	6	Invasion Games - Hockey	Dance	Gymnastics	Striking and Fielding Cricket	Net Games - Tennis	Athletics