

## Top tips to stay safe online

- 1. Do not post or give out any personal information that could identify you.
  - This includes your name, your address and pictures or links to your school
  - Don't post details of where you're going to be at particular time
  - Make sure you use the security and privacy features on your social networks, so you only share what you want with who you want.
- 2. Don't arrange to meet anyone you're only ever met online.
  - You can:
    - o Say No
    - o Tell Tell your trusted adult
    - o If your trusted adult says you may go, take them with you and meet in a public place
- 3. Learn how to block and report people on every chat app. you use.
  - You should:
    - Only add people you know in the real world
    - o Don't get involved in online arguments. Once it's said online it can be there forever
    - o Don't join in with online bullying just because others do it, be the better person
    - Use an avatar as your profile pic, rather than a photo of you
    - Only post comments and photos/videos you'd be happy for your parents to see
- 4. Don't open emails from people / places you don't know.
  - Remember:
    - Only give out your email address to people you know or on official forms
    - If you're not sure have a second disposable email address for spam, you can always change it to your 'personal' address later
    - o Many viruses, malware and ransomware and other and similar files are spread by emails
    - Phishing and scam emails are extremely common, if it sounds too good to be true it probably is
- 5. Keep your device secure with the latest security updates and virus protection.
  - The latest anti-virus software with the latest virus definitions is essential. This includes everything that connects to the internet like your computer, tablet or phone.
- 6. Suspicious or abusive activity on the internet can be reported by the following methods:

<u>www.lWF.org</u> (Illegal websites) <u>www.ceop.police.uk/Ceop-Report</u> (advice and make a report) <u>www.beatbullying.org</u> (anti bullying)

## 7. Advice for parents and children is available from the following:

<u>www.ceop.police.uk/safety-centre</u> - <u>www.getsafeonline.org</u> - <u>www.commonsensemedia.org</u> (what's good/safe to see and do; <u>www.vodafone.com/content/parents.html</u> (for parents) <u>www.parentport.org.uk</u> (for parents) <u>www.childnet.com</u> (general advice).